



1200 University Street, Unit 9401
Spearfish, South Dakota 57799

Outdoor Education Program

Phone: (605) 642-6027

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WILDERNESS FIRST AID COURSE including CPR

Sponsored by Black Hills State University Outdoor Education Program and the NOLS Wilderness Medicine Institute

DATES: February 13, 14, 15, 2016
COST: \$275.00 for current BHSU Outdoor Education Students
\$300 for non-OE BHSU students and BHSU Alumni
\$325 all others

Optional

Credit: One college credit is available for \$40; payable by cash, check, or money order only on first day of course

LOCATION: Donald Young Center on the Campus of Black Hills State University in Spearfish, SD.

COURSE DESCRIPTION

Whether spending time in the backcountry is your passion or your profession, you should never have to ask, "What do I do now?" In this fast-paced and hands-on course, you will learn how to prepare for the unexpected. The NOLS Wilderness Medicine Institute's (WMI) curriculum includes many advanced topics that other programs leave out such as dislocation reduction and epinephrine administration. In just two days, you will have the knowledge, skills and ability to make sound decisions in emergency situations. This course is ideal for trip leaders, camp staff, outdoor enthusiasts and individuals in remote locations. WMI's course is pre-approved by such organizations as the American Camping Association, the United States Forest Service, and other government agencies. This course includes Adult/Child CPR.

The **schedule** for the 16 hour WFA section and the 4 hour CPR section of the course is as follows: February 13-14, 8:00 am - 5:00 pm; February 15 8:00 am – 12:00 pm.

CLASS FORMAT AND PERSONAL PREPARADNESS

Check in is at 7:45 am on the first day of the course. Course days run from 8:00 am to 5:00 pm. The class format is classroom lectures integrated with practical scenarios. Scenarios and practice sessions will take place both inside and outside. Frequently the application of stage (moulage) blood and make-up are used to emphasize the reality of a scenario. The classroom environment generally lends itself to a pair of comfy shoes or slippers and a camp chair. Please bring outdoor clothing appropriate for lying on the potentially wet, snowy, and/or cold ground playing the role of both rescuer and patient. Come equipped with a light daypack, waterproof top and bottoms, sturdy shoes, and layers well suited for spending time outdoors at the location where your course is being held.

RECERTIFICATION REQUIREMENTS

WMI graduates may take a Wilderness First Aid (WFA) course to recertify their WFA, WFR or WEMT (wilderness portion only). WMI certifications will be afforded a one-year re-entry period after expiration within which to recertify. **This course cannot be used as a WFR or WEMT re-certification course if you hold a certification from a provider other than WMI.** For further information, see the Recertification FAQ portion of our website at: www.nols.edu/wmi/admissions/recertification.shtml. If recertifying, you must submit a photocopy of your current certification card(s) on the first day of the course. We cannot issue you a new certification until we verify your previous training. The Wilderness First Aid course is an introductory course for individuals with no prior knowledge and generally does not include CPR. It is not designed as a recertification course. Participants using the WFA course to recertify their WFR will be required to pass both a written and a practical test on the second day of the course. Check the following web page for information and resources on how to best prepare for your course: <http://rendezvous.nols.edu/content/category/48/268/964/>.

REGISTRATION AND POLICIES

1. *Complete the online Course Registration Form:* www.BHSU.edu/OERegister.
2. *Pay the Course Registration Fee:* \$275 for current BHSU Outdoor Education students; \$300 for other BHSU Students or Alumni, \$325 for public. Payment in full is required to reserve your spot in the course. The Course Registration Fee is non-transferable and covers textbooks, syllabus, course equipment, and certification cards. BHSU and WMI is not obligated to allow any student to attend the course until all WMI and BHSU paperwork has been received, reviewed, and approved by WMI and BHSU. A full refund will be given if we need to cancel the course for any reason. You can pay the Course Registration Fee via credit card at the BHSU e-Marketplace at <http://emarket.bhsu.edu/>. This is the preferred method of payment. Alternatively, you may pay with check or money order, made out to "BHSU" via Chris McCart, BHSU, 1200 University Street #9401, Spearfish, SD 57799. Note that BHSU cannot accommodate requests for, or bill separately for, components of a course.
3. *Optional College Credit:* One college credit is available for this course for \$40, payable by cash, check, or money order made out to "BHSU." Sorry, no credit cards. This is optional; you can take the WFA course without taking it for college credit. Non-BHSU students should sign up for credit the first day of the course. BHSU students should contact Outdoor Education Coordinator Christine McCart at Christine.mccart@bhsu.edu by December 1, 2015.

CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from a course greater than or equal to 30 days prior to the course starting date, we will retain a \$35.00 administrative fee. The remainder of course registration fee collected to date will be refunded. If a student cancels or withdraws within 30 days of the course start date, the course registration fee becomes non-refundable and non-transferable.

WMI STUDENT AGREEMENT

(Including Assumption of Risks and Agreements of Release and Indemnity)

Please download this agreement at http://www.nols.edu/wmi/pdf/wmi_agreement.pdf and read it carefully as it affects your legal rights. Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document as well. Without a signed document, you cannot participate in the course. **WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the sole risk of the participant.**

TRAVEL AND DIRECTIONS

The course will be held in room 214 in the Donald Young Center on the campus of Black Hills State University. Click here for [Directions and Map](#). Inquire with the BHSU course host about a parking pass the first day of the course.

LODGING AND MEALS

Means nor lodging are not offered for this course. The Spearfish Chamber of Commerce has an excellent listing of area accommodations (motels, resorts, cabins, campgrounds). You may view these at http://www.spearfishchamber.org/visit_us/spearfish_lodging.php or call the Chamber of Commerce at 1-800-626-8013.

WMI COURSE POLICIES

- Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.
- No alcohol or tobacco is allowed on site.

CONTACT INFORMATION

Please contact us with any questions or concerns you may have.

**National Outdoor Leadership School
Wilderness Medical Institute**
Office hours: Monday - Friday, 9am-5pm MT
Phone: 866-831-9001
FAX: 307-335-2355
Email: wmi@nols.edu
Web: <http://www.nols.edu/wmi>

**Black Hills State University
Outdoor Education Program**
Office Hours: variable
Phone: 605-642-6027
Contact Person: Chris McCart, Assistant Professor
Email: Christine.Mccart@bhsu.edu
Web: <http://www.bhsu.edu/chrismccart/>



**NOLS Wilderness Medicine Institute
Wilderness First Aid Course Schedule**

DAY 1

Morning

Introductions
Patient Assessment System

Afternoon

Emergency and Evacuation Plans
Spine Injury
Head Injury
Shock
Wilderness Wound Management

DAY 2

Morning

Wilderness Wound Management (cont.) Scenario
Musculoskeletal Injury
Heat Illness

Afternoon

Scenario
Cold Injury
Lightning
Altitude Illness
The Medical Patient
Anaphylaxis
Closure

DAY 3

Morning

Adult/Child CPR
Assessments