

# EMT Thoughts



Photo From Wolsey EMS Facebook Page

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# South Dakota EMS News

## NewsCenter1: Rapid City Fire Department Holding Class for Aspiring First Responders

NewsCenter 1 published an article titled "Rapid City Fire Department holding class for aspiring first responders" on April 1, 2024. This article, written by David Azadi Scott, highlights the Rapid City Fire Department's registration for its upcoming summer Emergency Medical Technician (EMT) course.

Open to all, the program, running from June to September, aims to train aspiring EMTs for local fire department ambulance crews. Jason Reitz, EMS training captain, stressed the need for trained EMTs in the region and the course's role in meeting this demand. Sessions, held two nights a week and one weekend a month, offer flexibility. Interested individuals can apply via the Rapid City Fire Department's website, streamlining enrollment for aspiring EMTs and addressing the need for trained first responders in the community.



Information and Photo from  
[https://www.newscenter1.tv/news/rapid-city-fire-department-holding-class-for-aspiring-first-responders/article\\_5730c3ca-f07c-11ee-8a36-bb61221885ef.html?utm\\_medium=social&utm\\_source=email&utm\\_campaign=user-share](https://www.newscenter1.tv/news/rapid-city-fire-department-holding-class-for-aspiring-first-responders/article_5730c3ca-f07c-11ee-8a36-bb61221885ef.html?utm_medium=social&utm_source=email&utm_campaign=user-share)

## KTIV: USD Sophomore Works as a Firefighter and EMT with dreams of becoming a police officer

KTIV's February 22, 2024 article by Katie Copple highlights Lilly McNaughton's remarkable story. A sophomore at the University of South Dakota, McNaughton balances her academic studies with roles as a firefighter and EMT at Vermillion Fire and EMS. With around 35% of Vermillion Fire and EMS staff being university students, there's a strong partnership between the department and the university. McNaughton's journey serves as inspiration for others, showcasing the value of dedication and service within the community.

# Volunteer Training Day

## VOLUNTEER TRAINING DAY

# SAVE THE DATE

MAY 29TH  
AND 31ST  
8 AM - 5 PM

NO REGISTRATION FEE  
BREAKFAST, LUNCH, AND  
SNACK WILL BE PROVIDED

MAY 29TH - RAPID CITY | MAY 31ST - BROOKINGS

### TOPICS INCLUDE:

- Responder Resilience
- Psychological First Aid
- MRC: What is it and how to start one
- Volunteer assignments: What people may be called out to do
- Stop the Bleed

Join us for a transformative experience where you'll learn to navigate diverse volunteer scenarios, gain coping tools for challenging situations, and discover new ways to contribute to your community beyond emergencies. Connect with fellow volunteers, both statewide and locally, and optimize your skillset for impactful emergency and volunteer work.



The Department of Health is preparing to host a Volunteer Training Day. They welcome you and other volunteers to come and join them for a day filled with education and networking opportunities.

The Department of Health recognizes the sacrifices their volunteers make and would like to take this opportunity to extend their gratitude for your efforts. They look forward to seeing you soon!

The Department of Health  
Office of Public Health  
Preparedness and Response

# Distracted Driving Awareness Month

April is Distracted Driving Awareness Month, and we're using the National Safety Council's resources to make our roads safer for everyone. Did you know that, on average, 9 people a day lose their lives in distracted driving crashes? It's a scary statistic that highlights the importance of staying focused behind the wheel. Let's spread the word, educate others, and make sure we're all doing our part to prevent these tragedies.

# #JustDrive

APRIL

**Distracted  
Driving  
Awareness  
Month**

an nsc initiative

 nsc  
National Safety Council

# SDEMSA District News

## Santel Communications Donation to Wolsey Ambulance project Fund

Santel Communications donated \$2500 to Wolsey EMS for their Ambulance Project Fund. They are currently fundraising to help pay for the \$150,000 cost of a rebuild. They have raised approximately 45% of their goal so far. Ryan is presenting the check to Wolsey EMTs David Jensen, Caroline McGillvrey and Pastor Scott Spiehs.



## Day County Vehicle Extraction Training

Yesterday the Day County Ambulance assisted local firefighters in a vehicle extrication training exercise, equipping them with the expertise to safely rescue individuals from accidents and effectively utilize cutting techniques for access to patients trapped inside.



# New Buildings and Building Updates!



1605 Evergreen Dr, Rapid City, SD  
(605) 394-2203  
casarapidcity.org  
**CASA**  
Court Appointed Special Advocates  
FOR CHILDREN  
SEVENTH CIRCUIT CASA PROGRAM



## DIAPER & MENSTRUAL DRIVE



- ☑ Diapers (larger sizes)
- ☑ Wipes
- ☑ Pads/Tampons

Wall Ambulance crew member Jazz M. is hosting a Diaper & Menstrual Drive. Wall Drop Off Locations: Wall Ambulance, City Administration, and First Interstate Bank. Rapid City Drop Off Locations: Bargain Barn Tire Center, 1811 Deadwood Ave N, and 1610 Campbell St. Consider donating to support this cause at the locations listed!

# Sanford Academic EMS Outreach Spring 2024

Congratulations to the learners who completed the Sanford Academic Affairs EMS Outreach Spring 2024 EMR Course. The participants did a great job in the fast paced course over the past two months. Congratulations and Good Luck! Thank you for serving your communities as you fill the void for more emergency responders.

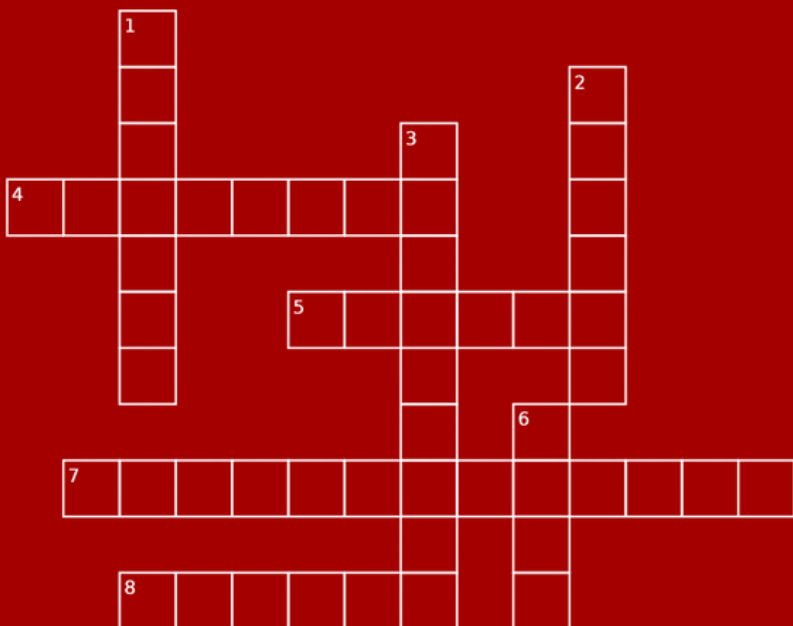
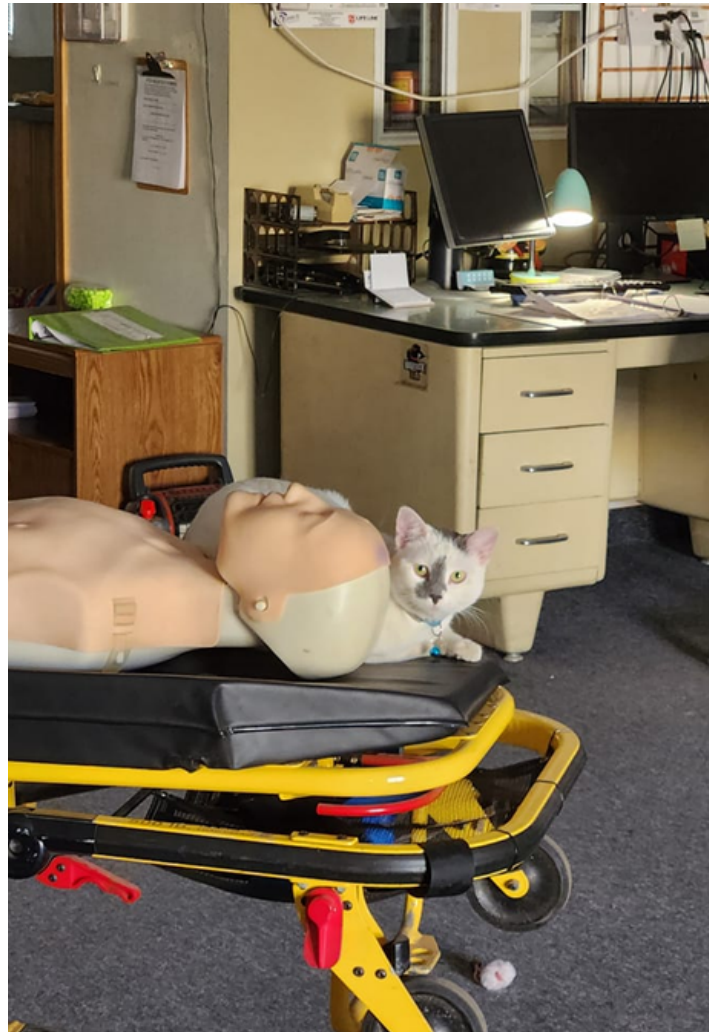


# Games and Puzzles



## Words To Find:

Greenery      Antibiotic      Allergy      Vitamin  
Wellness      Oxygen      Pollen      Hayfever



## Down:

1. The process by which ice and snow transition into water
2. The process of increasing in physical size or developing
3. The act of replenishing fluids in the body
6. Precipitation in the form of water

## Across

4. The state of being full of energy and life
5. The initial growth of a new plant
7. Emergency medical procedure to restore breathing or heart function
8. Fine powdery substance released by plants, a common allergy in spring

# Upcoming Education Calendar

## May 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> Carthage - VADS, Stroke  Sanford Center for Pre-Hosp Care - Trauma	<b>2</b> Woonsocket - VADS, Stroke	<b>3</b>	<b>4</b> Wagner - EVOC
<b>5</b>	<b>6</b> Iroquois Training  Rapid Valley - Trauma Triage	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b> Platte - VADS, Stroke	<b>14</b> Huron - VADS, Stroke	<b>15</b> Armour - VADS, Stroke  Corsica - VADS, Stroke  Rockerville May Training	<b>16</b>	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b> Howards - VADS, Stroke	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>26</b>	<b>27</b> White Lake - VADS, Stroke  Tyndall Monthly Training	<b>28</b> Parkston - VADS, Stroke  Tripp - VADS, Stroke  Onida May Training	<b>29</b> Ipswich - Medical	<b>30</b> District IV/Northeast South Dakota AHEC - Virtual Webinar	<b>31</b> Brookings - Crush Injuries	

# Instructor/Coordinator Society

## Join the SDEMSA's I/C Society Today!

The mission of the South Dakota Emergency Medical Services Association Instructor Coordinator Society (SDEMSA I/C Society) is to practice and promote excellence in EMS Education. The SDEMSA I/C Society is committed to and responsible for providing relevant, challenging, evidence-based education.

[https://naemse.org/events/event\\_list.asp](https://naemse.org/events/event_list.asp)

## SDEMSA I/C Society Officers

### President:

Katheryn Benton  
bentco@midstate.net

### Vice President:

Ruth Airheart  
casiems@gwtc.net

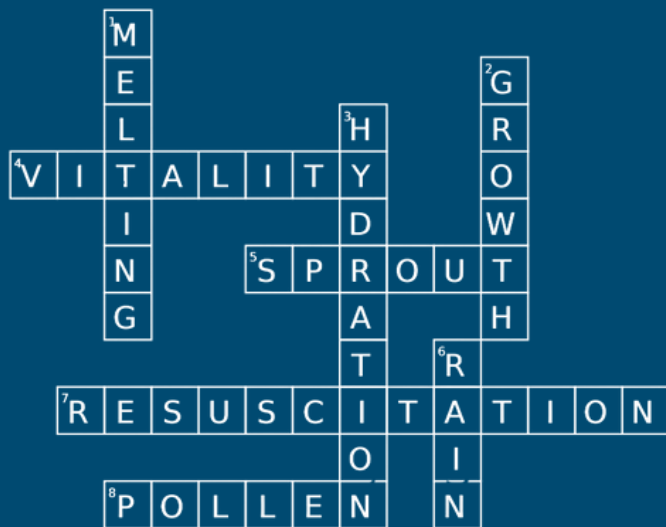
### Secretary:

Hapsie Nutley  
hapsie.nutley@gmail.com

### Treasurer:

Amy Marsh  
ajmarsh@aol.com

## Puzzle Answers



If you have any news, events, or photos you would like to see in EMT Thoughts, please visit <https://sdemsa.org/EMT-Thoughts>

South Dakota EMS Association's **EMT Thoughts** is a collaboration between SD EMSA and Northeast SD AHEC